Yes, that's right. Toss your sunscreen in the trash if it contains any of these questionable chemicals:

- Para amino benzoic acid...
- Octyl salicyclate...
- Avobenzone...
- Oxybenzone...
- Cinoxate...
- Padimate O...
- Dioxybenzone...
- Phenylbenzimidazole...
- Homosalate...
- Sulisobenzone...
- Menthyl anthranilate...
- Trolamine salicyclate...
- Octocrylene...

Potentially harmful chemicals such as **dioxybenzone** and **oxybenzone** are some of the most powerful free radical generators known to man!

So if your sunscreen contains dioxybenzone,

oxybenzone, or any of the other chemicals from above, I highly recommend you switch to a formula that is safe and healthy for your skin.



Toss your sunscreen in the trash if it contains any of these chemicals that are considered to be potentially harmful.